



# ASAPE NEWSLETTER

Asian Society for Adapted Physical Education and Exercise

Editor: Nakata, H.  
Co-Editors: Enzaki, Y., Tsukagoshi, K., Tanaka, T., and Saishoji, H.  
Secretariat: HIDEO NAKATA Institute of Special Education,  
University of Tsukuba, 1-1-1 Tennodai, Tsukuba-shi,  
305 Japan  
Phone & Fax: (81) 298-53-6748  
E-mail: (h-nakata@ningen.human.tsukuba.ac.jp)

## President's Message

Hong, Yang Ja  
Physical Education College, Ewha Womans  
University, KOREA

I consider it an honor and privilege to have the special opportunity of greeting address with presidentship of ASAPE. The former president Dr. YABE, KYONOSUKE, worked and served for ASAPE with every effort to establish ASAPE for development and improvement of formal academic Association for disabled. I deeply appreciate Dr. YABE who contributed to ASAPE when he was the president. I will continue and keep his philosophy and faith in my mind about ASAPE during I take the presidentship. This is part of my proposal for the development of ASAPE's activities. Let me make some proposal as follows:



- 1) The fundamental research for the adapted physical education should be a greatly encouraged to develop the activities of the ASAPE.
- 2) The international exchanges among scholars specializing in adapted physical education should be greatly expanded. Various sources of news and information are reportedly exchanged actively among adapted physical activity education societies for the disabled in Western countries. We Asians should pay close attention to the new ideas emerging from these countries

and try to adapted them to the situation and standards of our adapted physical education societies. Of course, the task of sifting through merits and supplementing the missing parts should always accompany the process. There are many international exchanging made by those related to sport games or competitions but similar efforts do not appear on the part of adapted physical education scholars who are in charge of research matters. ASAPE aims at exchanging discussion on the subject of study, narrowing the gap in academic standards among regional countries, and exchanging programs and materials for the study of sports for the disabled. Unfortunately, some of our member nations have shown little effort such an exchange. Still worse, there are many countries which have failed to join ASAPE.

- 3) ASAPE should increase the number of research subjects of the adapted physical education for the disabled. Until now, research on disabled sports have been mainly concerned with the mentally retarded, visually handicapped, hearing disorders, orthopedic handicapped, learning disabilities, and emotional disabilities. But the reseach range should be expanded greatly to include convalescence, aging, diabetes Mellitus, Epilepsy, Anemia, Allergies, Hernia, Asthma, the disadvantaged, mental illness, cardiovascular disorders, alcoholism, addicts, neurological disorders, and so on. We should conduct fundamental research on adapted physical education programs and exercises.

- 4) We also need to boost public relations efforts and distribute the results of